

# B58013 User manual



Please read this manual before using the product to fully understand its use and operation.

# **CAUTION**

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product.
   Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.

- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.
- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

# **System Requirements:**

Android: Android 4.4 or above

iPhone: iOS 10.0 or above

# Download and install the application

- 1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).
- 2. Download and install on your phone the official app that corresponds with your smartwatch model.
- 3. Open the app and enable all the permissions that the app requests.
- 4. Turn on Bluetooth on your phone.
- 5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.
- 6. Bind your Marea Smartwatch through the app.

- 7. On the smartwatch, open the Phone interface and click Open.
- 8. On the paired phone, go to Bluetooth settings and link the smartwatch.

# **Notes on linking:**

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone.
- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on

your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.

 For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

# **Smartwatch operation**

# Turn on/off

Press and hold the round button for 3 seconds to turn on the smartwatch; short press any button to activate the watch when in standby mode.

Press and hold the round button for 3 seconds to turn off the smartwatch.

# **Button and screen operation**

From the home screen on the smartwatch:

Swipe down to see the status bar. It shows the connection status and battery, and includes quick access to some functions like info about smartwatch (it includes the BT address of the smartwatch that you will need to link it to your phone), brightness control, flashlight, turn wrist to wake screen option, password, drainage (it vibrates so humidity can be eliminated) and SOS call.

- Swipe up to enter to see the last used functions.
- Swipe left to enter the shortcut menu. It includes exercise data, heart rate, weather, breathing guide and atmospheric pressure.
- Swipe right to see the side bar. It includes call function and message interface.
- Press once the round button to access the main menu.
- Press once the down side button to access the sports interface.

### Return

From any function, swipe right or short press the round button to return to the previous menu or short press the down side button to return to the home screen.

### Home screen selection

Long press the home screen or turn the round button to enter the selection interface. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

### Main functions in Smartwatch

The main menu includes the following functions:

# Call log / Contacts / Call function

You can make and receive Bluetooth calls from your smartwatch. From the app, you can select which contacts you want to import to the contact list on your smartwatch. The phone and the watch must be linked and within the Bluetooth range.

# Messages

Shows the last messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select what

type of notifications you want to receive on the smartwatch.

### World clock

You can check the current time in different places of the world.

### **Exercise data**

Shows the steps taken, the distance traveled and the calories consumed on the current day. On the app you can check the historical data.

# **Sports**

Includes different sport modes. Click on the corresponding exercise mode to begin the recording. Slide right to end the exercise and save the data. On the app you can check the historical data.

### **Heart Rate**

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

#### **ECG**

Upon entering the function, the ECG measurement will start automatically. Wait about 30-60 seconds for the measurement to finish. On the app you can check the graph and the historical data.

#### **Blood Pressure**

Upon entering the function, the blood pressure measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

# **Blood Oxygen**

Upon entering the function, the blood oxygen measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

### Notes on health functions:

 The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.

- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

### Music remote control

Displays buttons to play / pause, skip to previous or next song, to remotely control the music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.

# **Sleep Monitor**

If you have worn the watch during the previous night, it shows the total sleep time of last night, as well as light

and deep sleep times. You can check the historical data on the app.

# Stopwatch

Click on the start icon to start the count. When the time is paused, click the reset icon to reset to 0.

### Weather

Displays the current weather, temperature and UV. It also shows the forecast for the next four days. The phone and the watch must be linked so the watch can receive the weather info from the phone.

### Voice assistant

You can activate and give instructions to your phone's voice assistant from your smartwatch.

### Alarm clock

You can set up to 5 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

# Flashlight

The screen will light up so it can be used as a flashlight.

### SOS call

You can set an emergency contact. To make a call to that number, keep pressed the round button and slide right on the SOS signal.

### Calculator

You can perform simple math operations on your smartwatch.

# Find phone

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.

# **Breathing** guide

There are three modes of breathing monitoring: slow, moderate, and fast. The time of the measurement can be set to 1, 2 or 3 minutes.

Follow the steps to breath in and out.

### Massager

Click the green button to start the massage (vibration) and the red button to stop it.

### **Timer**

Select one of the preset times or select your own time. Click on the start icon to start the countdown. When the countdown is paused, click the reset icon to reset to the original time.

# Atmospheric pressure

Displays the current atmospheric pressure. The phone and the watch must be linked so the watch can receive the weather info from the phone.

# Menu style

There are many main menu styles to choose from.

# **Settings**

It includes the following functions:

- Languages: You can select the language on your smartwatch.
- Dial Switch: Click on the desired screen to make it your

home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

# • Screen on/off:

- Bedside lamp: if activated, it will display the time, date and charging status during charging.
- Screen off: if activated, it shows the time on the screen when the smartwatch is in standby mode.
- Screen time: select the seconds it will take for the screen to turn off when not in use. The longer the screen is on, the more battery it will use.
- **Vibration intensity:** Select the intensity of the vibration of the smartwatch.
- Power saving mode: The screen brightness will decrease to save battery.
- Smart mode selection: when on watch mode, the watch will disconnect the Bluetooth connection and the watch can be used independently, making it more power-efficient. When the watch is on smart mode, the watch can connect to the APP on the phone and access more functions.
- Ringtones setting: you can select the ringtones in your smartwatch.

- Password: a 4-digit password can be set (if you forget the password, please enter 8762 to decrypt the previous password).
- Restore: Resets the smartwatch to factory settings
   (click "√" to confirm or "×" to exit). This function will
   erase all the data saved on the smartwatch.

Additional functions on the app (they can only be used if the smartwatch is linked)

### Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.

# Data synchronization

If the watch is successfully linked to the app, click to synchronize the latest data from the watch to the app.

### **Games**

You can distract yourself by playing some mini games.

# Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

### Drink water reminder

If this function is activated, the smartwatch will vibrate and show the water reminder icon to remind you to drink water throughout the day.

### Find smartwatch

The smartwatch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

### Camera remote control

The camera on the phone will open. Touch the screen on the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

### Turn wrist to turn on screen

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

### Female assistant

You can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.

### **Health Monitor**

If this function is activated, the smartwatch will automatically take heart rate, blood pressure and blood oxygen measurements during the hours selected.

### Do not disturb mode

You can set a time interval in which the smartwatch will not receive notifications.

# Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.