MAREA SMART

B63001

User manual

Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.

- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.

- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

System Requirements:

Android: Android 5.0 or above

iPhone: iOS 11.0 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smartwatch model.

3. Open the app and enable all the permissions that the app requests.

4. Turn on Bluetooth on your phone.

5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smartwatch through the app.

Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone.

- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.

- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.

- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running.

The setting method may be different due to different mobile phone versions and models.

- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smartwatch operation

Turn on/off

Press and hold the side button for 3 seconds to turn on the smartwatch; short press the side button to activate the watch when in standby mode.

Press and hold the side button for 3 seconds to turn off the smartwatch.

Button and screen operation

From the home screen on the smartwatch:

- Swipe down to see the status bar. It shows the connection status and battery, and includes quick access to some functions (flashlight, do not disturb

mode, QR code to download app, find phone, theme selection, settings and brightness control).

- Swipe up to enter to enter the main menu.
- Swipe left or right to enter the shortcut menu. It includes weather, sleep monitor, exercise data and heart rate monitor.

Return

From any function, swipe right to return to the previous menu or short press the side button to return to the home screen.

Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

Main functions in Smartwatch

The main menu includes the following functions:

Sports-GPS tracking

There are 4 sport modes with GPS tracking: walking, running, hiking and cycling. For these sports, please follow these steps:

1. Make sure the phone and the watch are linked and within the Bluetooth range.
2. On the app, go to Device and click on "Update AGPS".
3. On the smartwatch, enter the Sports function and click on the corresponding exercise.
4. The smartwatch will request to go outside to an area with no obstacles for the GPS signal.
5. Once the GPS function is ready, the smartwatch will display the word "Ready" on its screen. Click on it to start recording the exercise.
6. Slide right to end the exercise and save the data (the duration of the exercise must be at least 2 minutes in order to be saved).

7. On the app, go to Device and click on "Update AGPS" to ensure the synchronization of the data with the app.

You can check the lasts recordings on the last icon in the sports function. On the app you can check the historical data as well as the map of the tracking.

There are also sport modes without GPS tracking: indoor running, spinning, yoga, basketball, football and badminton.

Activity data

Shows the steps taken, the distance traveled and the calories consumed on the current day.

Heart Rate

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

Blood Pressure

Upon entering the function, press the play icon to start the blood pressure measurement. Wait about 30-60

seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

Blood Oxygen

Upon entering the function, press the play icon to start the blood oxygen measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

Sleep Monitor

If you have worn the watch during the previous night, it shows the total sleep time of last night, as well as light and deep sleep times. You can check the historical data on the app.

Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.

- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

Stopwatch

Click on the start icon to start the count. Press the + icon to save a lap time (you can save up to 20 lap times). When the time is paused, click the reset icon to reset to 0.

Notifications

Shows the last messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smartwatch.

Calendar

In the app you can set up to 5 events on your calendar. You can also set when to receive the reminder on your smartwatch.

Find phone

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Alarm clock

You can set up to 5 alarms on the app. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Camera remote control

The camera on the phone will open. Press the camera icon on the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Weather

Displays the current weather and temperature, as well as the forecast for the next days. The phone and the watch must be linked so the watch can receive the weather info from the phone.

Timer

Set the time and click on the start icon to start the countdown. When the countdown is paused, click the reset icon to continue the countdown or click the X icon to set a new time.

Music remote control

Displays buttons to play / pause, skip to previous or next song and turn volume up/down, to remotely control the music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.

QR code

Shows a QR code to scan with your phone in order to download the app.

Settings

It includes the following functions:

- **Brightness:** Click "+" to increase and click "-" to

decrease the brightness of the screen. The brighter it shines, the more battery it will use.

- **Languages:** You can synch the language from your phone or select the language manually.
- **Menu style:** There are 2 main menu styles to choose from.
- **Shut down:** Turns off the smartwatch (click "$\sqrt{}$" to confirm or "$\times$" to exit).
- **About:** It shows de Bluetooth name, MAC address and software version.
- **Restore:** Resets the smartwatch to factory settings (click "$\sqrt{}$" to confirm or "$\times$" to exit). This function will erase all the data saved on the smartwatch.

Breathing guide

Click on the screen to start and follow the steps to breath in and out.

Main functions on the app (they can only be used if the smartwatch is linked)

Dial Setting

It includes a wide gallery of home screens that can be downloaded to the smartwatch, as well as the possibility of customizing your own home screen using an image saved on the phone (or taking a photo with the phone's camera).

Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smartwatch as well. The last messages / notifications can be viewed in the message interface on the smartwatch.

Anti-lost

If this function is activated, when the smartwatch is out of the Bluetooth range of the phone, the smartwatch will vibrate and show the corresponding icon.

Do not disturb mode

If this function is activated, the smartwatch will not receive notifications.

Alarm clock

You can set up to 5 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

Vibration

Select the type of the vibration of the smartwatch.

Screen time

Select the seconds it will take for the screen to turn off when not in use. The longer the screen is on, the more battery it will use.

Turn wrist to turn on screen

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

Events

You can set up to 5 events on your calendar. You can also set when to receive the reminder on your smartwatch.

Female assistant

You can enter your menstrual data and thus set reminders that will be displayed on the smartwatch.

Camera remote control

The camera on the phone will open. Shake the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.

Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.