MAREA SMART

Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.

- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.

- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.

- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.

- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.

- Do not expose your device to hot water or water vapors.

- Water and dust resistance is not permanent and may decrease as a result of regular use.

- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.

- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

System Requirements:

Android: Android 5.0 or above

iPhone: iOS 12.0 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smartwatch model.

3. Open the app and enable all the permissions that the app requests.

4. Turn on Bluetooth on your phone.

5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smartwatch through the app.

Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone.
- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.

- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smartwatch operation

Turn on/off

Press and hold the bottom button for 3 seconds to turn on the smartwatch; short press any of the side buttons to activate the watch when in standby mode.

Press and hold the bottom button for 3 seconds to turn off the smartwatch.

Button and screen operation

From the home screen on the smartwatch:

- Swipe down to see the status bar. It shows the connection status and battery, and includes quick access to some functions: call function, find phone, Bluetooth, QR code to download app, brightness

control, settings, info about device, automatic drain, menu style, GPS sports and SOS signal.

- Swipe up to enter to enter the message interface.
- Swipe right to view the side menu. It has direct access to the last used functions.
- Swipe left to access directly to some functions (you can select which ones by clicking "+" on the last screen).
- Upper button: short press to access the main menu. Double click to switch the menu style.
- Bottom button: short press to access your favorite function (you can select it in Settings > Key function).

Return

From any function, short press the upper button to return to the home screen.

Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen. While on the selection interface, you can click the lock icon to lock the home screen (it will not change when you turn the round side button).

On the app you can download other predesigned home screens as well as select an image, photo slides or video saved on the phone to set as your home screen.

Force reset

When the smartwatch doesn't turn on, put it on charge and long press the power button.

Main functions in Smartwatch

The main menu includes the following functions:

Sport data

Shows the steps taken, the distance traveled and the calories consumed on the current day.

Sleep Monitor

If you have worn the watch during the previous night, it shows the total sleep time of last night, as well as light and deep sleep times. Swipe up to see a graph of this week sleeping times. You can check the historical data on the app.

Heart Rate

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the last tests results. On the app you can check the historical data.

ECG

Enter the ECG menu on the app to start the test. Wait for a while for the measurement to finish and the data will be saved on the app. The phone and the watch must be linked and within the Bluetooth range.

Blood Pressure

Upon entering the function, the blood pressure measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the last tests results. On the app you can check the historical data.

Blood Oxygen

Upon entering the function, the blood oxygen measurement will start automatically. Wait about 30-60

seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the last tests results. On the app you can check the historical data.

Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

Sports

Includes different sport modes. Click on the settings icon to select your own time, calories and distance goals. Click

on the corresponding exercise mode to begin the recording. Slide left to use the music remote control. Slide right to end the exercise and save the data. You can check the lasts recordings on the first icon on the sports interface. On the app you can check the historical data.

Music remote control

Displays buttons to play / pause, and skip to previous or next song, to remotely control the music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.

Camera remote control

Open the app on your phone and select the camera remote control function on the smartwatch or on the app. The camera on the phone will open. Click on the screen of the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Weather

Displays the current weather and temperature. Slide up to see the weather forecast for the next days. The phone and the watch must be linked so the watch can receive the weather info from the phone.

Messages

Shows the last messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smartwatch.

Call log / Contacts / Call function

You can make and receive Bluetooth calls from your smartwatch. From the app, you can select which contacts you want to import to the contact list on your smartwatch (up to 100 contacts). The phone and the watch must be linked and within the Bluetooth range.

Voice assistant

You can activate and give instructions to your phone's voice assistant from your smartwatch.

Alarm clock

You can turn on/off the alarms set on the app. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Breathing guide

There are three modes of breathing monitoring: slow, moderate, and fast. The time of the measurement can be set from 1 to 9 minutes.
Follow the steps to inhale and exhale.

Calculator

You can perform simple math operations on your smartwatch.

Timer

Select one of the preset times or click "+" to select your own time. Click on the start icon to start the countdown.

When the countdown is paused, click the reset icon to reset to the original time.

Stopwatch

Click on the start icon to start the count. Click on the stopwatch icon to save a lap time. When the time is paused, click the reset icon to reset to 0.

Social networks contact cards

On the app you can obtain the QR code of your user profile from different social media apps. Once on the app, these QR codes will be sync on your smartwatch. You can show them so people can scan them in order to add you on that social media app.

Find phone

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Flashlight

The screen will light up so it can be used as a flashlight.

Menu style

There are many main menu styles to choose from.

Massager

Click the button on the screen to start the massage (vibration) and the click again to stop it.

Female assistant

Shows the status of women's menstrual period. On the app you can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.

Games

On the app you have different games to download on your smartwatch. When you download a new game, it will replace the one already downloaded on the smartwatch.

Temperature

Upon entering the function, the temperature measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed.

QR code

Shows a QR code to scan with your phone in order to download the app.

Settings

It includes the following functions:

- **Screen time:** Select the seconds it will take for the screen to turn off when not in use. The longer the screen is on, the more battery it will use.
- **Languages:** You can select the language on your smartwatch.
- **Brightness:** You can increase or decrease the brightness of the screen. The brighter it shines, the more battery it will use.
- **Do not disturb mode:** You can set a time interval in which the smartwatch will not receive notifications.
- **Pin:** You can set a 4-digit password to block your smartwatch. The password lock will take effect after the screen is on for 5 seconds. Entering a 4-digit password will automatically turn on the password function. Turn on the switch when unlocked, and you can enter a new password. If you forget the original set password, enter

1819 to unlock directly.

- **Notification settings**: You can choose how to receive notifications on the smartwatch (turn on screen and/or vibration).
- **Vibration intensity:** Select the intensity of the vibration of the smartwatch.
- **Ringtones:** You can select ringtones for incoming calls, notifications and alarms.
- **Turn wrist to turn on screen:** If this function is activated, the smartwatch's screen will turn on when you lift your wrist.
- **Time setting:** You can set the time manually or automatically sync it with the paired phone.
- **Key function:** You can select which function will open when you press the down side button.
- **Night lamp mode:** If activated, while the smartwatch is charging, its screen will show the time continuously.
- **Saving mode:** If activated, the smartwatch will lower the brightness of the screen to a minimum.
- **Shut down:** Turns off the smartwatch (click "$\sqrt{}$" to confirm or "$\times$" to exit).

- **Restore:** Resets the smartwatch to factory settings (click "√" to confirm or "✕" to exit). This function will erase all the data saved on the smartwatch.
- **About:** It shows de Bluetooth name, MAC address, software version and UI version.

More functions on the app (they can only be used if the smartwatch is linked)

Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.

Health Monitor

If this function is activated, the smartwatch will automatically take heart rate measurements during the day.

Reminders

When a reminder is activated and the time has come for it to go off, the smartwatch will vibrate and / or turn on the

screen to show the corresponding icon. You can set different types of reminders:

- **Sedentary reminder:** when you have been in the same position for a long time, it reminds you to get up and move.

- **Drink water reminder:** it reminds you to drink water throughout the day.

Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.