

B58010

User manual



MARELA

SMART

Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Avoid hitting the smartwatch, it could break the glass.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.

- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.
- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

System Requirements:

Android: Android 4.4 or above

iPhone: iOS 8.0 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits)
2. Download and install on your phone the official app that corresponds with your smartwatch model
3. Open the app and enable all the permissions that the app requests
4. Turn on Bluetooth on your phone
5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smartwatch through the app.
7. On the main screen on the smartwatch, slide right and press on the Bluetooth call icon to turn on this function. The smartwatch will show a device name.
8. On Bluetooth settings on the phone, link the device shown on the smartwatch to connect it via Bluetooth.

Notes on linking:

- Only one smart watch pairing application should be installed on the phone to ensure that the connection with the smart watch is normal. If several applications are connected, they can affect the connection between the watch and the phone.
- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source' .
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.

- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.
- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smartwatch operation

Turn on/off

Press and hold the side button for 3 seconds to turn on the smartwatch; short press the side button to activate the watch when in standby mode.

Press and hold the side button for 3 seconds to turn off the smartwatch.

Button and screen operation

From the home screen on the smartwatch:

- Swipe down to see the status bar. It shows the connection status and battery, and includes quick access to some functions (info about smartwatch, turn on/off vibration, music remote control and brightness control).
- Swipe up to enter to enter the main menu.
- Swipe right to see the functions bar. It includes message notifications and turn on/off call function, as well as access to the last used functions.
- Swipe left to enter the shortcut menu. It includes access to main functions.

Return

From any function, swipe right to return to the previous menu or short press the side button to return to the home screen.

Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

Main functions in Smartwatch

The main menu includes the following functions:

Call function

Use the keypad to dial a phone number and make a call. The phone and the watch must be linked and within the Bluetooth range.

Messages

Shows the last 10 messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select

what type of notifications you want to receive on the smartwatch.

Contacts

Shows the phone contacts of the paired phone selected on the app (up to 20 contacts). Click on a contact to call them.

Call notifications

Shows the last call notifications.

Sport data

Shows the steps taken, the distance traveled and the calories consumed on the current day. Slide up to see a graph of these data by hours.

Sports

Includes different sport modes: walking, running, cycling, rope jumping, badminton, basketball, and football. Click on the corresponding exercise mode to begin the recording. Press the pause icon to pause the exercise or press the stop icon to end the exercise and save the data. On the app you can check the historical data.

Heart Rate

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see more data. On the app you can check the historical data.

ECG

Enter the ECG menu on the app and then enter the ECG function on the smartwatch. Wait for a while for the measurement to finish and the data will be saved on the app. The phone and the watch must be linked and within the Bluetooth range.

Blood Pressure

Upon entering the function, the blood pressure measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see more data. On the app you can check the historical data.

Blood Oxygen

Upon entering the function, the blood oxygen measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see more data. On the app you can check the historical data.

Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

Music remote control

Displays buttons to play / pause, skip to previous or next song and turn volume up/down, to remotely control the music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.

Sleep Monitor

If you have worn the watch during the previous night, it shows the total sleep time of last night, as well as light and deep sleep times. Slide up to see a graph with the total sleep time of each day of the current week. You can check the historical data on the app.

Stopwatch

Click on the start icon to start the count. When the time is paused, click the reset icon to reset to 0.

Weather

Displays the current weather and temperature. The phone and the watch must be linked so the watch can receive the weather info from the phone.

Calculator

Use the buttons on the touch screen to do math calculations.

Find phone

The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Meteorology

Displays today's ultraviolet radiation (UV) and atmospheric pressure. The phone and the watch must be linked so the watch can receive the weather info from the phone.

Breathing guide

There are three modes of breathing monitoring: slow, moderate, and fast. The time of the measurement can be set to 1, 2 or 3 minutes.

Follow the steps to breath in and out.

Massager

Click the green button to start the massage (vibration) and the red button to stop it.

Female assistant

Shows the status of women's menstrual period (this function must be set on the app first). On the app you can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods. The phone and the watch must be linked and within the Bluetooth range.

Menu style

There are different main menu styles to choose from.

Settings

It includes the following functions:

- **Languages:** You can select the language on your smartwatch.
- **Home screen selection:** Swipe right / left to see all available options. Click on the desired screen to make it your home screen. On the app you can download other predesigned home screens as well as select an

image saved on the phone to set as your home screen.

- **Screen time:** Select the seconds it will take for the screen to turn off when not in use. The longer the screen is on, the more battery it will use.
- **Vibration intensity:** Select the intensity of the vibration of the smartwatch.
- **Bluetooth calls:** Press to turn on/off the Bluetooth call function.
- **Password:** Turn on/off and set a password for the smartwatch. If this function is activated, when the smartwatch is turn on or waken up from standby mode, it will request the password.
- **Restore:** Resets the smartwatch to factory settings (click "√" to confirm or "×" to exit). This function will erase all the data saved on the smartwatch.

Main functions on the app (they can only be used if the smartwatch is linked)

Data synchronization

If the watch is successfully linked to the app, click to synchronize the latest data from the watch to the app.

Dial Setting

It includes a wide gallery of home screens that can be downloaded to the smartwatch, as well as the possibility of customizing your own home screen using an image saved on the phone (or taking a photo with the phone's camera).

Find smartwatch

The smartwatch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Camera remote control

The camera on the phone will open. Press on the camera icon on the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow" .

Turn wrist to turn on screen

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smartwatch as well. The last 10 messages / notifications can be viewed in the message interface on the smartwatch.

Bluetooth calls

You can turn on/off the Bluetooth call function.

Health Monitor

If this function is activated, the smartwatch will automatically take heart rate measurements during the hours selected.

Female assistant

You can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.

Contacts

You can sync up to 20 contacts from your phone to your smartwatch. Swipe left to delete a contact.

Do not disturb mode

You can set a time interval in which the smartwatch will not receive notifications.

Alarm clock

You can set up to 5 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

Drink water reminder

If this function is activated, the smartwatch will vibrate and show the water reminder icon to remind you to drink water throughout the day.

Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.

Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.