



B57014

User manual



Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.
- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be

used on the wrist that wears the smartwatch.

- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

System Requirements:

Android: Android 4.4 or above

iPhone: iOS 8.2 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).
2. Download and install on your phone the official app that corresponds with your smartwatch model.
3. Open the app and enable all the permissions that the app requests.
4. Turn on Bluetooth on your phone.
5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6. Bind your Marea Smartwatch through the app.

Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone.
- The number of devices that can be connected to a phone is limited, to ensure that the connection with the smartwatch is normal please keep a maximum of 3 frequently used devices connected by Bluetooth.
- Make sure the location feature is activated on the phone.
- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source' .
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app

running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.

- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smartwatch operation

Press and hold the screen touch area for 3 seconds to turn on the smartwatch.

Touch once the screen touch area to go to the next interface and press and hold to enter a function.

To turn off the smartwatch, go to More Functions > Turn Off.

To restore the smartwatch to factory settings, go to More Functions > Restore.

Home screen selection

When on the home screen, long press the screen touch area to change to the next home screen option.

Main functions in Smartwatch

The main menu includes the following functions:

Steps

Shows the steps taken on the current day. On the app you can check the historical data.

Distance

Shows the distance traveled on the current day. On the app you can check the historical data.

Calories

Shows the calories consumed on the current day. On the app you can check the historical data.

Heart Rate

Upon entering the function, the heart rate measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed.

On the app you can check the historical data.

Blood Pressure

Upon entering the function, the blood pressure measurement will start automatically. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. On the app you can check the historical data.

Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- Be sure that the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions

and do not rely solely on these results for an evaluation.

Sports

Press and hold on the screen touch area to enter the function. Includes different sport modes, touch once to go to the next sport. Press and hold on the corresponding sport to begin the recording. Press and hold to end the exercise and save the data. On the app you can check the historical data.

Messages

Press and hold on the screen touch area to enter the function. Shows the last 8 messages / notifications, touch once to go to the next message. The phone and the watch must be linked and within the Bluetooth range. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smartwatch.

More Functions

It includes the following functions:

- **Version:** it shows the version and MAC address of the smartwatch (you will need it to link the smartwatch to your phone)
- **Find phone:** The paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.
- **Brightness control:** press and hold to change the brightness of the screen.
- **Turn off:** press and hold to turn off the smartwatch.
- **Restore:** press and hold to reset the smartwatch to factory settings. This function will erase all the data saved on the smartwatch.

Additional functions on the app (they can only be used if the smartwatch is linked)

Sleep Monitor

If you have worn the watch during the previous night, it records the total sleep time of last night, as well as light and deep sleep times. You can also check the historical data.

Health Monitor

If this function is activated, the smartwatch will automatically take heart rate test during the hours selected.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

Alarm clock

You can set up to 3 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Turn wrist to turn on screen

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

Do not disturb mode

You can set a time interval in which the smartwatch will not receive notifications.

Camera remote control

The camera on the phone will open. Shake the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow" .

Find smartwatch

The smartwatch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Screen time

Select the seconds it will take for the screen to turn off when not in use. The longer the screen is on, the more battery it will use.

Time format

You can select the time format (12 or 24 h) of the smartwatch.

Language

You can select the language of the smartwatch.

Data synchronization

If the watch is successfully linked to the app, click to synchronize the latest data from the watch to the app.

Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.

Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.