

# B62001 User manual



Please read this manual before using the product to fully understand its use and operation.

## **CAUTION**

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.
- Use only the charger that is included with the product.
   Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.
- Do not expose your smartwatch to other liquids such as salt water, chlorinated water, and other liquids and chemicals.
- Do not expose your device to hot water or water vapors.
- Water and dust resistance is not permanent and may decrease as a result of regular use.

- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.
- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

## **System Requirements:**

Android: Android 4.4 or above

iPhone: iOS 9.0 or above

# Download and install the application

- 1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).
- 2. Download and install on your phone the official app that corresponds with your smartwatch model.
- 3. Open the app and enable all the permissions that the app requests.
- 4. Turn on Bluetooth on your phone.
- 5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smartwatch through the app.

## Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone.
- Some Android phones will prompt you that they cannot install the app. Please go to the phone's settings and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app
  when cleaning the applications. Please keep the app
  running in the background. To turn on this function on
  your phone: open the phone settings application
  management official application rights management
   backstage management select background running.

The setting method may be different due to different mobile phone versions and models.

• For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

# **Smartwatch operation**

#### Turn on

Press and hold the touch point (lower part of the screen) for 3 seconds to turn on the smartwatch; press once the touch point to activate the watch when in standby mode.

## Screen operation

- Press once the touch point to access the menu. Press it once again to go to the next function.
- Press and hold the touch point to enter a function.

#### Home screen selection

On the home screen, press and hold the touch point to change to the next home screen version. You can download different home screen versions on the app.

## Main functions in Smartwatch

The main menu includes the following functions:

## Sport data

Shows the steps taken, the distance traveled and the calories consumed on the current day. On the app you can check the historical data.

## **Sports**

On the app you can select the sport modes you want to have on the smartwatch. Press and hold the touch point on the corresponding exercise mode to begin the recording. Press once the touch point to pause the exercise. Press and hold the touch point to end the exercise. On the app you can check the historical data.

## **Sleep Monitor**

If you have worn the watch during the previous night, it shows the total sleep time of last night, as well as light

and deep sleep times. You can check the historical data on the app.

#### **Heart Rate**

Upon entering the function, press and hold the touch point to start the heart rate measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Press and hold the touch point to end the measurement. On the app you can check the historical data.

## **Blood Pressure**

Upon entering the function, press and hold the touch point to start the blood pressure measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Press and hold the touch point to end the measurement. On the app you can check the historical data.

## **Blood Oxygen**

Upon entering the function, press and hold the touch point to start the blood oxygen measurement. Wait about 30-60 seconds for the measurement to finish and the

result will be displayed. Press and hold the touch point to end the measurement. On the app you can check the historical data.

## Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose it will affect the monitoring of the heart rate sensor.
- Be sure that the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

### Female assistant

Shows the status of women's menstrual period. On the app you can set and check the latest month end time, the

menstrual period length, and the number of days between menstrual periods.

## **Breathing guide**

Follow the steps to breath in and out. Press and hold the touch point to exit.

#### Weather

Displays the current weather and temperature. The phone and the watch must be linked so the watch can receive the weather info from the phone.

## Messages

Shows the last messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Press once the touch point to go to the next message/notification. On the app you can select the type of notifications you want to receive on the smartwatch.

#### More

It includes the following functions:

• **Stopwatch:** Upon entering the function, press and hold the touch point to start the stopwatch. Press once the

- touch point to pause/continue the count. Press and hold the touch point to exit.
- QR code: Shows a QR code to scan with your phone in order to download the app. It also shows the MAC address of the smartwatch.
- Find phone: Upon entering the function, the paired phone will ring so you can find it. The phone and the watch must be linked and within the Bluetooth range.
   Press once the touch point to exit.
- Shut down: Turns off the smartwatch.
- Restore: Resets the smartwatch to factory settings. This function will erase all the data saved on the smartwatch.

Main functions on the app (they can only be used if the smartwatch is linked)

# **Dial Setting**

It includes a wide gallery of home screens that can be downloaded to the smartwatch.

#### Reminders

When a reminder is activated and the time has come for it to go off, the smartwatch will vibrate and / or turn on the screen to show the corresponding icon. You can set different types of reminders:

- Sedentary reminder: when you have been in the same position for a long time, it reminds you to get up and move.
- **Drink water reminder:** it reminds you to drink water throughout the day.
- Alarm clock: you can set up to 5 alarms.

### Do not disturb mode

You can set a time interval in which the smartwatch will not receive notifications.

#### Camera remote control

The camera on the phone will open. Shake the smartwatch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

#### Find smartwatch

The smartwatch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

## Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.

## **Notifications**

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smartwatch as well. The last messages / notifications can be viewed in the message interface on the smartwatch.

## Turn wrist to turn on screen

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

#### Restore

Resets the smartwatch to factory settings. This function will erase all the data saved on the smartwatch.

## Female assistant

You can set and check the latest month end time, the menstrual period length, and the number of days between menstrual periods.

### Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.