# MAREA
SMART

B57012

User manual

Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.

- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.

- Use only the charger that is included with the product with an input voltage of max 5V/2Ah. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
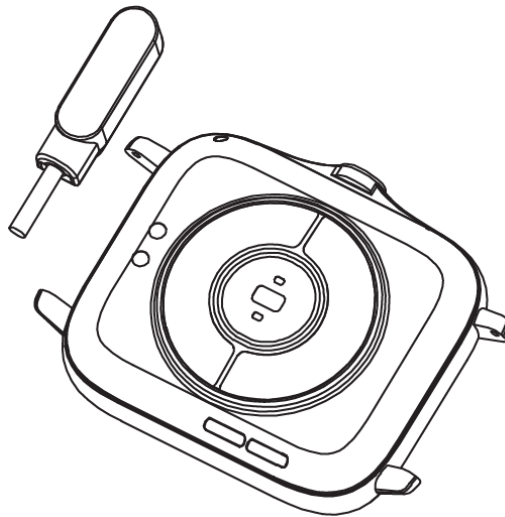
- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.

- Avoid hitting the smartwatch, it could break the glass.

- The smartwatch cannot be used in showers / baths with hot water (the water steam can damage it) or in salt water (if it entered the smartwatch, it would corrode the internal parts).

- Clean the smartwatch regularly, especially its inner side, and keep it dry. Skincare product should not be used on the wrist that wears the smartwatch.

- Don't look steadily at the green light of the sensor on the back of the smartwatch, it may cause eye irritation.

System Requirements:

Android: Android 4.4 or above

iPhone: iOS 9.0 or above

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smartwatch model.

3. Open the app and enable all the permissions that the app requests.

4. Turn on Bluetooth on your phone.

5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smartwatch through the app (your smartwatch will be linked via Bluetooth 4.0).

7. On the smartwatch, swipe down on the main interface and tap the audio switch icon to turn on the audio status:

8. On the phone's Bluetooth settings, search and connect the smartwatch (your smartwatch will be linked via Bluetooth 3.0).

Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications

are connected, they can affect the connection between the watch and the phone.

- Some Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.
- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system, so the

application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smartwatch operation

Button

Touch screen

Speaker

Sensor

Charging contacts

Microphone
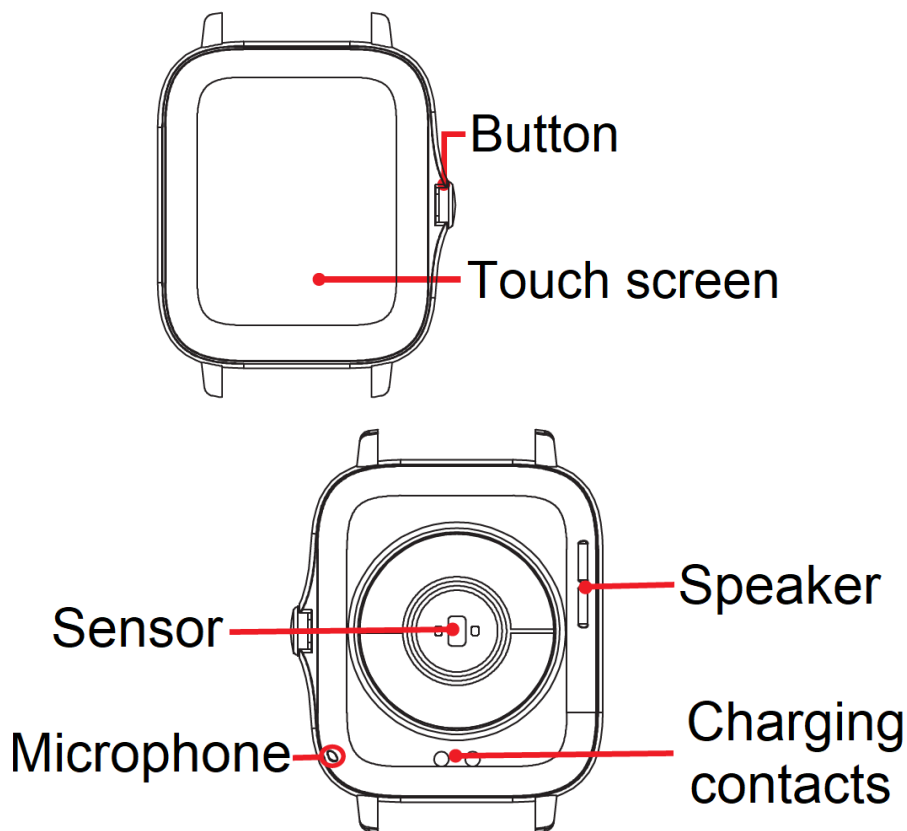
Turn on/off

Press and hold the side button for 3 seconds to turn on/off the smartwatch; short press the side button to activate the watch when in standby mode.

Button and screen operation

From the home screen on the smartwatch:

- Swipe down to see the status bar. It shows the date, connection status and battery, and includes quick access to some functions (audio on/off, brightness control, weather, menu style selection, info about smartwatch and settings).
- Swipe up to enter to enter the message interface.
- Swipe right to enter the main menu.
- Swipe left to enter the shortcut menu. It includes call function interface, music remote control, exercise data, sleep monitor, heart rate, blood pressure, blood oxygen and weather.

Return

From any function, slide right or press the side button to return to the previous menu.

Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it your home screen.

On the app you can download other predesigned home screens as well as select an image saved on the phone to set as your home screen.

Main functions in Smartwatch

The main menu includes the following functions:

Exercise Data

Shows the steps taken. Slide up to see the distance traveled and the calories consumed on the current day. You can check the historical data on the app.


Sleep Monitor

If you have worn the watch during the previous night, it shows the total sleep time of last night. Slide up to see the light and deep sleep times. You can check the historical data on the app.
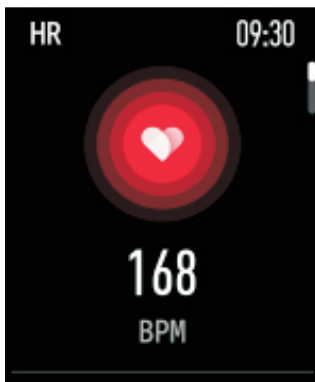
Heart Rate

Upon entering the function, tap on the heart rate icon to start the measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the last test results. On the app you can check the historical data.
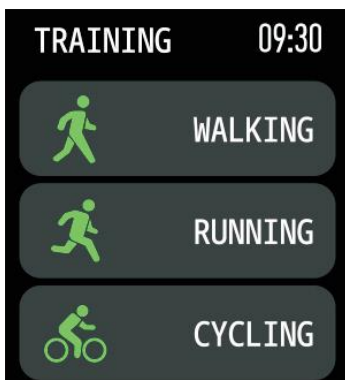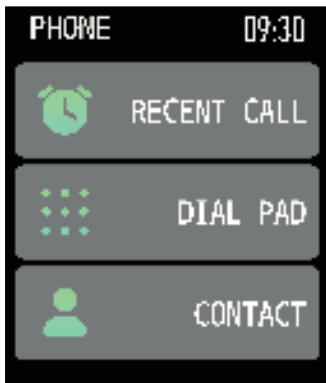
Sports

Includes different sport modes: walking, running, cycling, skipping, badminton, basketball and football.

Click on the corresponding exercise mode to begin the recording. Slide right to pause or end the exercise and save the data.

On the app you can check the historical data.

Call Function

You can answer calls of the paired phone from the smartwatch, as well as make calls. You can also check the phone's call log. The phone and the watch must be linked and within the Bluetooth range and the audio must be on.

Blood Pressure

Upon entering the function, tap on the blood pressure icon to start the measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a graph with the last test results. On the app you can check the historical data.
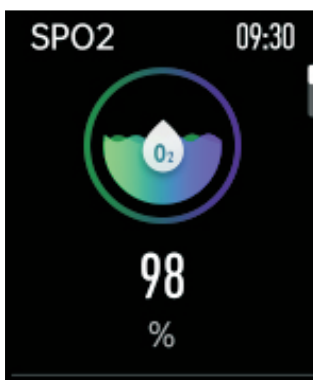
Blood Oxygen

Upon entering the function, tap on the blood oxigen icon to start the measurement. Wait about 30-60 seconds for the measurement to finish and the result will be displayed. Slide up to see a

graph with the last test results. On the app you can check the historical data.

Weather

Displays the current weather and temperature. Slide up to see the weather forecast for the next 5 days. The phone and the watch must be linked so the watch can receive the weather info from the phone.
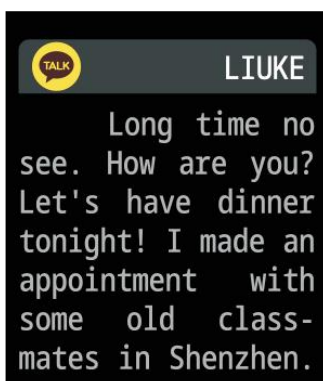
Messages

Shows the last 5 messages / notifications. The phone and the watch must be linked and within the Bluetooth range. Slide to the bottom and press the delete icon to clear all message records. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smartwatch.

Camera remote control

The camera on the phone will open. Shake the smartwatch or tap the screen and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Music remote control

Displays buttons to play / pause and skip to previous or next song, to remotely control the music playing on the paired phone. The phone and the watch must be linked and within the Bluetooth range.

Breathing guide

Follow the steps to breath in and out.

Stopwatch

Click on the start icon to start the count. Click the reset icon to reset to 0.

Alarm clock

You can set up to 3 alarms (times are set on the app). When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Timer

Select one of the preset times. Click on the start icon to start the countdown.

Flashlight

The screen will light up so it can be used as a flashlight.

Settings

- **Brightness control:** Tap on the selector to increase or decrease the brightness of the screen. The brighter it shines, the more battery it will use.

  - **Audio:** Tap to turn on/off
  - **Call Reset:** Resets the call

function link to the phone (click " $\sqrt{}$ " to confirm or " ✕ " to exit).

- **Vibration:** Tap to turn on/off
- **Do not disturb mode:** Tap to turn on/off. When on, the smartwatch will not receive notifications from the phone.
- **Theater mode:** Tap to turn on/off. When on, the smartwatch will not vibrate and the screen brightness will be at its lowest level.
- **Reset**: Resets the smartwatch to factory settings (click " $\sqrt{}$ " to confirm or " ✕ " to exit). This function will erase all the data saved on the smartwatch.
- **Shut down**: Turns off the smartwatch (click " $\sqrt{}$ " to confirm or " ✕ " to exit).
- **QR code:** Shows a QR code that you can scan with your phone in order to download the app.
- **About**: It shows the Bluetooth

name, MAC address and software version.

Notes on health functions:

- The heart rate, blood pressure, and blood oxygen functions require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.

- Be sure that there the heart rate sensor on the back of the smartwatch is clean. Skin color, hair density, tattoos and scars may affect the accuracy of the measuring results.

- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

Main functions on the app (they can only be used if the smartwatch is linked)

Unlink

Click to unpair the smartwatch from the paired mobile phone. For IOS system, after unlink the watch, you need to go to the settings of the phone to ignore the Bluetooth device.

Dial Setting

It includes a wide gallery of home screens that can be downloaded to the smartwatch, as well as the possibility of customizing your own home screen using an image saved on the phone (or taking a photo with the phone's camera).

Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smartwatch as well. The last 5

messages / notifications can be viewed in the message interface on the smartwatch.

Alarm clock

You can set up to 3 alarms. When the time has come for it to go off, the smartwatch will vibrate and turn on the screen to show the alarm clock icon.

Camera remote control

The camera on the phone will open. Shake the smartwatch or tap the screen and the phone will take a photo. The photo will be saved in the phone's gallery. Note: When the camera usage request appears, select "Allow".

Find smartwatch

The smartwatch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Do not disturb mode

You can set a time interval in which the smartwatch will not receive notifications.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smartwatch will vibrate and show the sedentary icon to remind you to get up and move.

Health Monitor

If this function is activated, the smartwatch will automatically take heart rate measurements.

Reset

Resets the smartwatch to factory settings. This function will erase all the data saved on the smartwatch.

Raise wrist to turn on screen

If this function is activated, the smartwatch's screen will turn on when you lift your wrist.

Drink water reminder

If this function is activated, the smartwatch will vibrate and show the water reminder icon to remind you to drink water throughout the day.

Female assistant

You can set and check a calendar with your menstrual periods. You can also set reminders for the different periods (the smartwatch will vibrate and show the menstrual period icon on the first day of the period).

Firmware update

If there is a new version of the smartwatch's firmware, you can update to the latest version.